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CANADA'S PROGRESS

CALENDAR

ECLIPSES FOR 1907.

In the year 1907 there will be four eclipses: two of the Sun and two of the Moon:

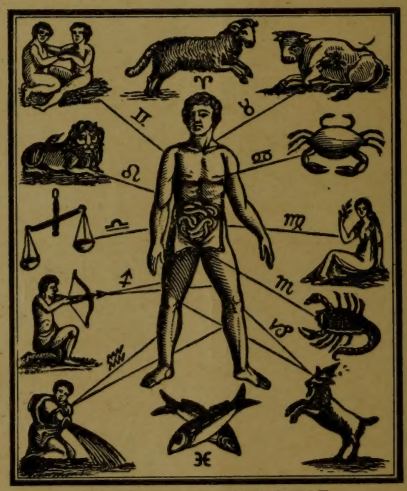
I. A Total Eclipse of the Sun, January 13th, not visible here; visible to the greater part of Asia and portions of the Pacific and Indian Oceans adjacent thereto.

II. A Partial Eclipse of the Moon, January 29th; partly visible here. The beginning visible generally in North America, the Pacific Ocean, central and eastern Asia and Australia. the end visible in north-west, North America, the Pacific Ocean, Asia, Australia, central and eastern Europe.

Time of Eclipse is as follows:— Eastern Standard Time.

Moon enters Penumbra.....	January	29d	5h	46m a.m.
" " Shadow.....	"	29d	7h	6m a.m.
Middle of Eclipse.....	"	29d	8h	38m a.m.
Moon leaves Shadow.....	"	29d	10h	10m a.m.
" " Penumbra.....	"	29d	11h	30m a.m.

For Central Time deduct 1 hour; for Intercolonial Time add 1 hour.



III. An Annular Eclipse of the Sun, July 10th, invisible here; visible to South America and considerable portions of the Pacific and Atlantic Oceans adjacent to that continent.

IV. A Partial Eclipse of the Moon, July 24-25; visible here. The beginning visible generally in central and western Europe, Africa, South America and North America, except the north-west portion; the end visible generally in western Africa, South America and North America, except the Peninsula of Alaska.

Time of Eclipse is as follows; Eastern Standard Time.

Moon enters Penumbra.....	July	24d	8h	59m p.m.
" " Shadow.....	"	24d	10h	4m p.m.
Middle of Eclipse.....	"	24d	11h	22m p.m.
Moon leaves Shadow.....	"	25d	0h	41m a.m.
" " Penumbra.....	"	25d	1h	46m a.m.

For Central Time deduct 1 hour, for Intercolonial Time add 1 hour.

WITH a territory of 3,745,574 square miles, and a population of six millions of people, Canada is to-day the wealthiest country in the world per capita, and it is a recognized fact that this vast Dominion could accomodate over fifteen times the number of the present inhabitants without impairing the average wealth per head.

In a division of the land on a basis of the present population each person would receive over 400 acres as his or her share, and an interesting fact is that each new comer or immigrant is estimated as worth at least $1000 to the country by his labors in developing its vast resources, both mineral and agricultural.

Perhaps a few comparisons will show more clearly than any other method the great strides that the country has made since Confederation, in 1867, and the present day. The enterprise and apparent national progressive characteristics of the Canadian people is remarkable.

Year 1868		Year 1905
$13,500,000	..... Revenue	$71,186,072
$13,500,000	.....Expenditure.....	$63,319,682
$77,000,000	.Assets of Chartered Banks.	$811,800,039
$6,000,000	.....Peoples Savings.....	$450,000,000
2,522 miles	.... Railway Mileage	22,000 miles
623,392 tons	.....Coal Production	8,150,000 tons

Almost every line of commerce shows similar development, and this book could be filled probably ten times over with

statistics showing the growth and development of trade.

The financial progress in consequence of all this growth has placed Canada among the wealthy nations. Previous to the Confederation only one branch bank was established in the North West and to-day they number considerably over two hundred. The Reserve funds in Banks have increased 187 per cent. in the past ten years, and every person would have $75.00 in a division of what the Canadian people have now on deposit in Savings Banks.

The volume of trade has doubled in the past eight years, and it now exceeds the five hundred million mark annually.

In 1665 the population was only 3,251 and at the time of Confederation it was estimated at three and one half millions, and to-day it exceeds six millions. It is only within the last few years that the tide of immigration has turned towards Canada and over 1000 persons enter this Dominion daily as settlers. These new comers are not the scum-of-the-earth class such as can be seen at many European ports, but strong healthy people, all bringing into the country a little capital, and plenty of ambition. Here it is that pluck, endurance and enterprise give bountiful returns, and without exception this is the only domain in the world which offers those inducements so beneficial not alone to people of moderate means, but to all mankind.

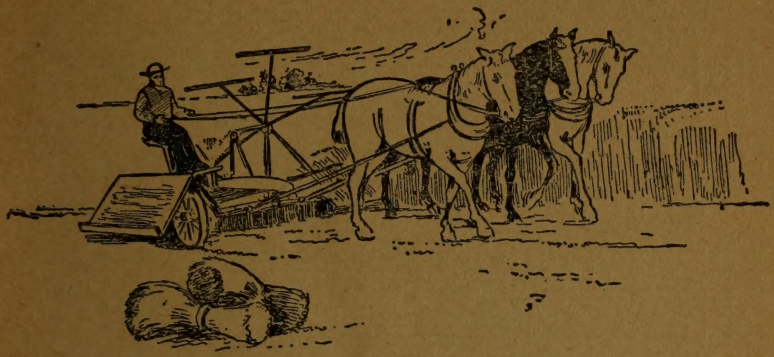
The supplying to foreign countries of lumber, wheat, cheese, butter, apples, beef and sheep is a great factor in placing Canada where she is to-day, being acknowledged the largest cheese and lumber exporter in the world.

Such wonderful increase in Railway mileage, in Bank extension, in trade, and finally in population, points clearly to two great advantages given to Canadians: first, health and as a natural consequence wealth.

It is also true that as a rule to acquire riches one must be able to work, therefore must have health and strength.

The best means of acquiring health and keeping it is to use

Mother Seigel's Curative Syrup and thereby secure strength to help in the advancement of CANADA, OUR COUNTRY.



GRATITUDE.

Not all the thousands who are restored to health every year by the great natural medicine, Mother Seigel's Syrup, write to tell us of their cure, but many do and we are pleased to hear from them. It is gratitude that prompts the communication and a praiseworthy desire to benefit their fellow-beings. Having suffered themselves they know what suffering means, and having found a great remedy they feel that it is a duty they owe to society to tell others of it and thus point out to them a way of escape from sickness and a path to health restored.

The following letter is an example and many others occur throughout this book:

Mr. M. H. Holloway, of Richmond, Manitoba, writes: "I shall always speak well of and recommend Mother Seigel's Preparations, and have done so in the past, as I have received benefit from their use and can therefore conscientiously speak in their favor."

South Bay, North Cape Breton Co., N.S.

Messrs. A. J. White & Co., Montreal. October 26th, 1905

Gentlemen:—Mother Seigel's Curative Syrup is worthy of all praise as it has cured me of a bad and troublesome stomach.

(Signed) Yours truly, Mrs. John Williams.

JANUARY

1ST MONTH - 31 DAYS

Day Month	Day Week	Historical and Chronological Events.	For Montreal, Quebec & regions St. Lawrence and Ottawa rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	T	Circumcision.	7 40	4 27	6 16	7 34	4 34	6 21
2	W	Gen. Wolfe born 1727	7 40	4 28	7 16	7 34	4 35	7 20
3	T	Canadians win battle, S. A., 1900	7 40	4 29	8 19	7 34	4 36	8 22
4	F	Earthquakes in Canada 1663	7 40	4 30	9 24	7 34	4 37	9 26
5	S	Sir Isaac Newton born 1642.	7 40	4 31	10 33	7 34	4 38	10 34
6	S	Epiphany.	7 40	4 32	11 44	7 34	4 39	11 44
7	M	Calais taken by the French 1558.	7 40	4 33	morn.	7 34	4 40	morn.
8	T	Duke of Clarence born 1864.	7 39	4 34	0 50	7 34	4 41	0 49
9	W	Ld. Nelson buried in St. P. C 1806	7 39	4 35	2 05	7 33	4 42	2 03
10	T	Penny Post adopted 1840	7 39	4 36	3 23	7 33	4 43	3 19
11	F	Floods in Montreal. 1886	7 38	4 37	4 41	7 33	4 44	4 36
12	S	Jap. entered Pt. Arthur 1905 vic.	7 38	4 38	5 55	7 33	4 45	5 50
13	S	1st Sun. after Epiphany.	7 38	4 39	7 05	7 32	4 46	6 59
14	M	Duke of Clarence died 1892.	7 37	4 41	sets.	7 32	4 47	sets.
15	T	British Museum opened 1759	7 37	4 42	6 30	7 31	4 48	6 34
16	W	Battle of AbuKlea 1885	7 36	4 43	7 44	7 31	4 49	7 48
17	T	M. Fallieres elect. Pres. of F. 1906	7 35	4 45	8 58	7 30	4 51	9 01
18	F	Ashanti conquered 1896.	7 34	4 46	10 11	7 29	4 52	10 12
19	S	John Ruskin died 1900.	7 34	4 47	11 18	7 29	4 53	11 17
20	S	2nd Sun. after Epiphany.	7 33	4 49	morn.	7 28	4 54	morn.
21	M	King Oscar of Sweden born 1829.	7 32	4 51	0 20	7 27	4 55	0 19
22	T	Accession of King Ed. VII 1901.	7 31	4 52	1 25	7 26	4 57	1 23
23	W	Will. Pitt, Earl of Chath. d. 1806.	7 30	4 53	2 28	7 25	4 58	2 25
24	T	Edward VII proclaimed K. 1901.	7 29	4 55	3 28	7 24	4 59	3 24
25	F	Mrs. Maybrick released 1904.	7 28	4 56	4 25	7 23	5 00	4 21
26	S	General Gordon killed 1885.	7 27	4 58	5 21	7 22	5 02	5 16
27	S	Septuagesima Sunday.	7 26	4 59	6 12	7 21	5 04	6 07
28	M	Capit. of Paris 1871.	7 25	5 00	6 57	7 20	5 05	6 52
29	T	King Christian of Den. died 1906.	7 24	5 02	rises.	7 20	5 06	rises.
30	W	Fred. VIII pro. King of Den 1906.	7 23	5 03	6 11	7 19	5 08	6 14
31	T	Rev. C. H. Spurgeon died 1892.	7 22	5 05	7 17	7 18	5 10	7 19

Moon's Phases.	75th Meridian.	90th Meridian.	105th Meridian.
Last Quarter	7d 9h 47m m.	7d 8h 47m m.	7d 7h 47m m.
New Moon	14d 0h 57m m.	13d 11h 57m ev.	13d 10h 57m ev
First Quarter	21d 3h 42m m.	21d 2h 42m m.	21d 1h 42m m.
Full Moon	29d 8h 45m m.	29h 7h 45m m.	29d 6h 45m m.

COLIC AND SPASMS.

For colic, wind, spasms, and every possible ailment of the stomach, liver and bowels, Mother Seigel's Syrup is the supreme remedy. It acts directly on the organs affected, restores them to healthy activity and cleanses the system of all impurities.

Madame Urbain Maillet of Meteghan Station, Digby Co., N.S., in a letter dated October 28th, 1905, wrote us, "After having suffered in an unbelievable manner from a kind of colic I have used a few bottles of Mother Seigel's Syrup and found great relief. Now Mother Seigel's Syrup is well nigh indespensable."

DISEASES OF THE STOMACH.

Millions of people come into the world, live for years and years, and then go out of it, knowing little or nothing of the natural functions or organs of their bodies. They live on food, but they have no idea of the processes by which the whole body derives nourishment from that food, after they swallow it. The stomach is a simple sac or bag made to receive the food as we swallow it. Here it remains some time to be digested. The stomach, unlike the liver, does no other work; but digestion is a complicated operation. In the stomach the food is mixed by means of a motion of which we are not conscious with certain natural fluids or juices, until it becomes a thick half-fluid mass. Failure on the part of the stomach to accomplish this properly leads to what is called indigestion and dyspepsia. It is an almost universal disease, and the cause of nearly all the other ailments we suffer from. The food remains in the stomach and ferments, just as garbage does in a tub. A foul and nauseous gas is generated, which rises into the throat, and, with other poisons, attacks the whole system through the nerves and blood vessels.

The principal symptoms are these: Distress after eating; a sense of fullness and heaviness; headaches; giddiness; bad breath; hot flushes, followed by creeping chills; sleeplessness; restlessness; loss of ambition and energy; yellowish eyes and skin; a feeling of weariness that is not relieved by our usual repose; desire to be alone; dry scurfy skin; aching of the back, arms, and legs; bad taste in the mouth; coated tongue; variable appetite, hunger alternating with a loathing of food; great mental depression, and fears and anxieties without apparent cause; shortness of breath and trembling of the limbs on making any exertion. The stomach is tender on pressure, and filled with slime and mucus. The liver sympathizes with the state of the stomach, and the result is an attack of biliousness, which affects every organ of the body, and prostrates the nerves.

The experience of thousands during many years proves the wonderful efficacy of Mother Seigel's Curative Syrup in this miserable malady. The Syrup gently but surely clears out the noxious load from the principal organs of digestion, helps the stomach to dissolve and digest what is nutritious in it, and expels the remainder through the bowels and other organs. It thus cures one malady, and prevents others which would almost certainly follow if this work is not quickly and thoroughly done.

Mother Seigel's Curative Syrup has been successful in cases which have baffled the best medical talent, and what it has done in the past 35 years it will still do.

FEBRUARY

2ND MONTH - 28 DAYS

Day Month	Day Week	Historical and Chronological Events.	For Montreal, Quebec & regions of St. Lawrence and Ottawa rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario, lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	F	George Cruikshank died 1878	7 21	5 07	8 24	7 17	5 11	8 26
2	S	Purification; Candlemas.	7 20	5 08	9 34	7 16	5 12	9 35
3	S	Sexagesima Sunday.	7 19	5 09	10 41	7 15	5 14	10 40
4	M	Severus Ron. Emp.died Eng.211.	7 18	5 12	11 53	7 14	5 15	11 51
5	T	Carlyle died 1881.	7 17	5 12	morn.	7 12	5 16	morn.
6	W	Sir Henry Irving born 1838.	7 16	5 14	1 07	7 11	5 18	1 04
7	T	Charles Dickens born 1812.	7 14	5 15	2 22	7 10	5 19	2 18
8	F	Russo.Jap. War commenced 1904	7 13	5 17	3 35	7 09	5 20	3 30
9	S	Mary Q.of Scots beheaded 1587	7 12	5 18	4 45	7 08	5 22	4 40
10	S	Quinquagesima Sunday.	7 10	5 20	5 48	7 06	5 23	5 42
11	M	Thomas A. Edison born 1847.	7 09	5 21	6 39	7 05	5 24	6 34
12	T	Shrove Tuesday.	7 08	5 22	sets.	7 03	5 26	sets.
13	W	Ash Wednesday.	7 06	5 24	6 33	7 02	5 27	6 36
14	T	St. Valentine's Day.	7 05	5 25	7 47	7 00	5 29	7 48
15	F	Marcus A.. Hanna died 1904.	7 03	5 27	8 58	6 59	5 30	8 59
16	S	Gen. Lew. Wallace d. 1905	7 01	5 28	10 04	6 58	5 31	10 03
17	S	Quadragesima Sunday.	7 00	5 30	11 10	6 56	5 33	11 08
18	M	Martin Luther died 1546	6 58	5 31	morn.	6 55	5 34	morn.
19	T	Madame Patti born 1843	6 56	5 32	0 14	6 53	5 35	0 12
20	W	Ember Day.	6 54	5 34	1 17	6 52	5 37	1 13
21	T	Cardinal Newman born 1801.	6 52	5 35	2 16	6 50	5 38	2 12
22	F	Ember Day.	6 51	5 37	3 12	6 49	5 40	3 07
23	S	Ember Day.	6 49	5 38	4 05	6 47	5 41	4 00
24	S	2nd Sun. in Lent.	6 47	5 40	4 53	6 45	5 42	4 48
25	M	Charles Peace executed 1879,	6 46	5 41	5 36	6 43	5 44	5 32
26	T	Treaty of Versailles 1871.	6 44	5 42	6 13	6 42	5 45	6 09
27	W	Guy Boothby, Novel. died 1905.	6 42	5 44	rises.	6 40	5 46	rises.
28	T	Relief of Ladysmith 1900	6 40	5 45	6 12	6 39	5 47	6 14

Moon's Phases.	75th Meridian.	90th Meridian.	105th Meridian.
Last Quarter	5d 7h 52m ev.	5d 6h 52m ev	5d 5h 52m ev.
New Moon	12d 0h 43m ev.	12d 11h 43m m.	12d 10h 43m m.
First Quarter	19d 11h 35m ev.	19d 10h 35m ev.	19d 9h 35m ev.
Full Moon.....	28d 1h 23m m.	28d 0h 23m m.	27d 11h 23m ev.

Port Royal, N.S,.
November 9th, 1905.

Messrs. A. J. White & Co.,
Montreal.

Dear Sirs:—The Pills that I ordered from you are the best in the world for constipation. My wife, Eugenie C. Boudrot, has tried several sorts of Pills but never any equal to Mother Seigel's Operating Pills. They have done for her so much good that I feel it my duty to do what I can to make them generally known to my customers. I keep them on hand to sell, and my customers are well satisfied with them. I am ordering some to-day.

Yours truly,
Signed. Alex. F. Boudrot.

Grantly, Dundas Co., Ont.
November 4th, 1905.

Messrs. A. J. White & Co.,
Montreal.

Gentlemen:—Mother Seigel's Syrup is a really and truly great preparation, I know it has done good for my wife after the local Doctor failed. Its' all right.

Yours truly.
Signed. E. Gallinger.

The Fortunes of the Golden West.

DURING the past few years our Canadian North West has been attracting settlers from Great Britain, Europe, United States and Eastern Canada in ever increasing numbers. Since the Canadian Pacific Railroad has been built, hundreds of thousands of immigrants have made their home in Manitoba and the new provinces of Saskatchewan and Alberta. Last year the number of foreign immigrants to our North West was 150,000 besides the many Canadians who moved from the Eastern Provinces.

The population of these provinces exceeds one million.

The growth of this new country in wealth, industry and population, as well as the vastness of its natural resources is attracting the attention of the whole world.

The area of territory fit for cultivation is estimated at 171-,000,000 acres and as yet only a small percentage of this vast fertile region is tilled. The need of the country to develop these lands is people, and those persons who have given their labors to the cultivation of the prairies are reaping fortunes.

Millions of bushels of wheat, oats and barley are shipped annually to Great Britain and Western Europe, and these tillers of the soil are not only enriching themselves but the great country they live in as well.

Unbounded prosperity is visible on all sides, and for example we have Winnipeg the capital of Manitoba whose population in 1874 was 1,869, and to-day it is over 100,000. Last year $5,000,000 of new buildings were erected in that city. The same prosperity is noticeable in Regina and Edmonton the capitals of the new provinces, Saskatchewan and Alberta, and all this is the result of husbandry.

The climate is healthy and bracing, cold and dry in winter,

MARCH

3RD MONTH - 31 DAYS

Day Month	Day Week	Historical and Chronological Events.	For Montreal, Quebec & regions of St. Lawrence and Ottawa rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario, lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	F	St. David's Day.	6 39	5 47	7 24	6 37	5 48	7 25
2	S	Hon. C. Sifton res. from L M. 1905	6 37	5 48	8 32	6 35	5 49	8 32
3	S	3rd Sun. in Lent.	6 35	5 50	9 44	6 33	5 50	9 43
4	M	First American Congress 1798.	6 33	5 51	10 58	6 31	5 52	10 55
5	T	Covent Garden Theatre bt. 1856	6 31	5 52	morn.	6 30	5 53	morn.
6	W	Artemus Ward died 1867.	6 29	5 53	0 12	6 28	5 54	0 08
7	T	Last C. Rebel rel. from gaol 1905.	6 27	5 55	1 25	6 26	5 56	1 21
8	F	Battle of Aboukir 1801.	6 26	5 56	2 34	6 24	5 57	2 29
9	S	N. Sea In., £65.000 paid by R.05	6 24	5 57	3 38	6 22	5 58	3 32
10	S	4th Sun. in Lent.	6 22	5 59	4 31	6 21	5 59	4 26
11	M	Salisbury ref. Boers inde., 1900.	6 20	6 00	5 16	6 19	6 01	5 11
12	T	St.Gregory the Great died 604.	6 18	6 02	5 54	6 17	6 02	5 50
13	W	Roberts cap Bloemfontein 1900.	6 16	6 03	6 27	6 15	6 03	6 24
14	T	Marquis Anglesey died 1905.	6 14	6 04	sets.	6 14	6 04	sets.
15	F	General Jackson "U.S." bn.1767.	6 12	6 06	7 45	6 12	6 05	7 44
16	S	G. Linwitch app. C in C. R A. 05.	6 10	6 07	8 50	6 10	6 07	8 49
17	S	5th Sun. in Lent.	6 09	6 08	9 58	6 08	6 08	9 56
18	M	Completion of Suez Canal 1869.	6 07	6 09	11 03	6 06	6 09	11 00
19	T	Lucknow taken 1858.	6 05	6 11	morn.	6 05	6 11	morn.
20	W	Sir Issac Newton died 1727.	6 03	6 12	0 04	6 03	6 12	0 01
21	T	Spring begins.	6 01	6 13	1 02	6 01	6 13	0 57
22	F	Goethe died 1832.	5 59	6 15	1 57	5 59	6 14	1 52
23	S	Riel's Revolt began 1885.	5 57	6 16	2 47	5 57	6 16	2 42
24	S	Palm Sunday.	5 55	6 17	3 31	5 56	6 17	3 26
25	M	Annunciation or Lady Day.	5 54	6 19	4 11	5 54	6 18	4 06
26	T	Duke of Cambridge bn.1819	5 52	6 20	4 46	5 52	6 19	4 42
27	W	John Bright died 1889.	5 50	6 21	5 16	5 51	6 20	5 13
28	T	Canada ceded to France 1632.	5 48	6 23	5 43	5 49	6 22	5 42
29	F	Good Friday.	5 46	6 24	rises.	5 47	6 23	rises.
30	S	Peace. prelim. with Russia. 1856	5 44	6 25	7 29	5 45	6 24	7 28
31	S	Easter Sunday.	5 42	6 27	8 46	5 44	6 25	8 43

Moon's Phases.	75th Meridian.	90th Meridian.	105th Meridian.
Last Quarter	7d 3h 42m m.	7d 2h 42m m.	7d 1h 42m m.
New Moon	14d 1h 5m m.	14d 0h 5m m.	13d 11h 5m ev.
First Quarter	21d 8h 10m ev.	21d 7h 10m ev.	21d 6h 10m ev.
Full Moon	29d 2h 44m ev.	29d 1h 44m ev.	29d 0h 44m ev.

STOMACH PAINS.

Captain John Sutherland, of Bond Head, Ontario, in a letter dated October 10th, 1905, writes:—"I was troubled for a long time with severe pains in my stomach and could get no relief. My sufferings continued until last Spring when I was induced to try Mother Seigel's Syrup and from the first dose I felt better. After having taken one-half of the bottle I felt entirely well and have taken no medicine since. I can heartily recommend Mother Seigel's Syrup to anybody so affected, and have to thank you for your superior medicine."

In the case of Captain Sutherland the effects in using Mother Seigel's Syrup were almost immediate, and the thousands of people who are cured annually by its use are beyond any ordinary conception.

and temperate in summer. The soil being suitable for mixed farming as well as for ranching makes these territories noted not only for their cereals but for the fine quality of sheep, cattle and horses raised there. The time is not far distant when our "Golden West" will be universally acknowledged as not only the "Granary of the Empire," but of the world.

GRASP THE OPPORTUNITY.

It is well to grasp opportunities as they present themselves, for lost chances rarely return; indeed this is the whole secret of success. It is this faculty, this promptness to do the right thing at the right moment, that has made the Dominion what it is, and it is this faculty also that has made Mr. John Mercer, of Whitbourne, Newfoundland, a strong healthy man to-day. For six years he suffered severely from indigestion, and could find no relief, when at length an opportunity occurred of trying Mother Seigel's Syrup, and Mr. Mercer seized it. His stomach was thoroughly out of order, and had been so all those long, weary years, yet five bottles of this wonderful remedy completely cured him, and now he declares "it is the best medicine I can find."

Head Lake, Ont.,
November 20th, 1905.

Messrs. A. J. White & Co., Montreal.

Dear Sirs:—For over eleven years I have been troubled with Dyspepsia, and after doctoring for some time without any benefit, I was persuaded to try Mother Seigel's Syrup, which I did. After taking two bottles I was completely cured and have never felt any symptoms of it since.

I was troubled with a terrible pain in my back and side, about a year ago, I took one bottle of Seigel's Syrup and have never felt it since.

You may publish this if you wish, hoping it may help some other sufferer.

Signed. Mrs. J. W. Gostlin.

Day Month	Day Week	Historical and Chronological Events.	For Montreal, Quebec & regions of St. Lawrence and Ottawa rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario, lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	M	Easter Monday.	5 39	6 29	10 01	5 42	6 27	9 57
2	T	Warsaw massacre 1905.	5 37	6 30	11 17	5 40	6 28	11 12
3	W	Washington Irving born 1783.	5 35	6 31	morn.	5 38	6 29	morn.
4	T	Earthquake in Ind. disastro. 1905	5 33	6 32	0 28	5 37	6 30	0 23
5	F	British took Grenada 1762.	5 31	6 34	1 33	5 35	6 31	1 28
6	S	Badajoz taken by Wellington1812	5 29	6 35	2 29	5 33	6 32	2 24
7	S	Low Sunday.	5 27	6 36	3 16	5 31	6 34	3 11
8	M	King Christian of Den. born 1818.	5 25	6 38	3 56	5 30	6 35	3 51
9	T	Sir Francis Jeune died 1905.	5 24	6 39	4 26	5 28	6 36	4 23
10	W	General Booth born 1829.	5 22	6 40	4 54	5 26	6 37	4 52
11	T	American Civil War began 1861.	5 20	6 41	5 19	5 24	6 38	5 18
12	F	H. Clay "Statesman" U.S.b.1770	5 18	6 43	sets.	5 23	6 40	sets.
13	S	Catholic Emancipation 1829.	5 16	6 44	7 42	5 21	6 41	7 40
14	S	2nd Sun. after Easter.	5 14	6 45	8 48	5 19	6 42	8 46
15	M	Pres. Lincoln of U.S. A. ass. 1865.	5 12	6 46	9 52	5 17	6 43	9 48
16	T	Rangoon stormed 1852.	5 11	6 48	10 52	5 16	6 44	10 48
17	W	Benj. Franklin died 1790.	5 09	6 49	11 48	5 14	6 45	11 43
18	T	Relief of Chitral 1895.	5 07	6 50	morn.	5 12	6 46	morn.
19	F	Battle of Lexington 1775	5 05	6 52	0 41	5 10	6 48	0 36
20	S	Fire in Tor. 1904, loss $10,000,000	5 04	6 53	1 27	5 08	6 49	1 23
21	S	3rd Sun. after Easter.	5 02	6 54	2 08	5 07	6 50	2 04
22	M	Battle of Camden,1781.	5 01	6 56	2 44	5 05	6 51	2 40
23	T	St. George's Day.	5 00	6 57	3 16	5 04	6 53	3 13
24	W	Russo-Turkish War began 1877.	4 59	6 58	3 43	5 02	6 54	3 41
25	T	Oliver Cromwell born 1599.	4 57	6 59	4 09	5 00	6 55	4 08
26	F	Can. Govt. vetoed leg. in B. C. 05	4 56	7 00	4 33	4 59	6 56	4 33
27	S	General U.S. Grant born 1822.	4 54	7 01	rises.	4 57	6 58	rises.
28	S	4th Sun. after Easter.	4 53	7 03	7 41	4 56	6 59	7 38
29	M	Crimean War ended 1856.	4 51	7 04	9 00	4 54	7 00	8 56
30	T	Battle of Fontenoy 1745.	4 50	7 05	10 15	4 53	7 02	10 11

Moon's Phases.	75th Meridian.	90th Meridian.	105th Meridian.
Last Quarter	5d 10h 20m m.	5d 9h 20m m.	5d 8h 20m m.
New Moon	12d 2h 6m ev.	12d 1h 6m ev.	12d 0h 6m ev.
First Quarter	20d 3h 38m ev.	20d 2h 38m ev.	20d 1h 38m ev.
Full Moon.....	28d 1h 5m m.	28d 0h 5m m.	27d 11h 5m ev.

PLAIN TALK ON CONSTIPATION.

When the intestines have extracted from the food, already-digested and prepared by stomach and liver, all that is of value as nutriment to the system, the refuse or ash of the human food-fuel passes on and is discharged. When from any cause this action fails the result is constipation, a common but dangerous complaint. The strain caused by constipation frequently induces piles, and may even lead to inflammation of the bowels; on the other hand, deleterious matter is drawn into the blood through the absorptive walls of the intestines, thus the waste products of digestion, which should be discharged without delay, go to poison and corrupt the system. All the consequences of foul blood follow—pimples, blotches, eruptions, eczema, etc.

Mother Seigel's Syrup and Pills render constipation impossible and thus keep the blood pure and the system healthy.

A WORD TO WOMEN.

Women, young and old, owing to their delicate and peculiar organism, are subject to disorders which affect only their sex, and they need specific remedies and treatment. Popular as Mother Seigel's Syrup is with both sexes for the various ills common to them, it is the women who speak of it in terms of warmest praise, and with good reason. It seems especially adapted to the troubles which are distinctly and peculiarly theirs.

At the critical period of life they derive from its use a degree of relief and benefit not obtained from any other medicine.

The sense of pressure on the brain which makes the head feel as if it would burst, is quickly abated by a few doses of the Syrup.

The melancholy and profound depression of spirits, which develops sometimes into an acute mania, and not infrequently ends in self-destruction gives place to a wholesome and natural cheerfulness under its influence.

It dispels those conditions of the blood which cause the tendency to cancer, tumor, and other morbid growths.

It prevents the formation of varicose veins and other evils of a clogged and corrupt circulation.

It removes that sensation of bloating; warms and stimulates the stomach, and takes away the feeling of coldness and insensibility from the hands and feet caused by excess of blood in the head.

It cures also the trembling of the limbs.

By thus equalising the flow of the blood, Mother Seigel's Syrup does away with the hot flushes followed by chills, and creates a genial and even warmth and a sense of comfort throughout the system. As a remedy for the habitual costiveness which is so common at this period, the Syrup excels all other preparations. It moves the bowels gently, and keeps them free and natural. By so doing it also stops heart palpitation, nervousness and weakness.

In short, this excellent medicine meets every requirement of the crucial epoch of woman's life as nothing else does.

Black River, St. John Co., N.B.
October 21st, 1905.

This is to certify that I used Mother Seigel's Ointment and that I find its healing qualities beyond expectation.

Signed. R. Power.

Day Month	Day Week	Historical and Chronological Events.	For Montreal, Quebec & regions of St. Lawrence and Ottawa rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario, lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	W	Duke of Connaught born 1850.	4 48	7 07	11 25	4 51	7 03	11 20
2	T	Sir. George Carter died 1873.	4 47	7 08	morn.	4 50	7 04	morn.
3	F	Postal Union ratified 1875.	4 46	7 09	0 28	4 48	7 06	0 22
4	S	Battle of Tewkesbury 1470.	4 44	7 11	1 17	4 47	7 07	1 13
5	S	Rogation Sunday.	4 42	7 12	1 58	4 46	7 08	1 54
6	M	Phoenix Park murders 1882.	4 41	7 14	2 32	4 45	7 09	2 28
7	T	Lord Rosebery born 1847.	4 40	7 15	3 01	4 44	7 10	2 57
8	W	St. Pierre Martinique des. 1902.	4 38	7 16	3 24	4 42	7 11	3 22
9	T	Ascension Day.	4 37	7 17	3 50	4 41	7 12	3 50
10	F	Indian Mutiny commenced 1857.	4 36	7 18	4 14	4 40	7 14	4 14
11	S	Sir. James Paget born 1814.	4 34	7 20	4 35	4 39	7 15	4 38
12	S	Sun. after Ascension.	4 33	7 21	sets.	4 38	7 16	sets.
13	M	Pope Pius IX. born 1792.	4 32	7 22	8 42	4 37	7 17	8 38
14	T	Old May Day.	4 31	7 23	9 41	4 36	7 18	9 36
15	W	Louis Riel surrendered 1885.	4 29	7 25	10 35	4 35	7 19	10 30
16	T	Great fire in Quebec 1889	4 28	7 26	11 25	4 34	7 20	11 19
17	F	Relief of Mafeking 1900.	4 27	7 27	morn.	4 33	7 21	morn.
18	S	Montreal founded 1642.	4 26	7 28	0 07	4 32	7 22	0 02
19	S	Whit Sunday.	4 25	7 29	0 44	4 31	7 23	0 40
20	M	Columbus died 1506.	4 24	7 30	1 18	4 30	7 24	1 14
21	T	France severed con. with Va 1904	4 23	7 31	1 45	4 29	7 25	1 43
22	W	Ember Day.	4 22	7 32	2 11	4 28	7 26	2 09
23	T	Battle of Ramillies 1706.	4 21	7 33	2 34	4 27	7 27	2 33
24	F	Ember Day.	4 20	7 34	3 03	4 27	7 28	3 03
25	S	Ember Day.	4 19	7 35	3 30	4 26	7 29	3 31
26	S	Trinity Sunday.	4 18	7 36	3 59	4 25	7 30	4 01
27	M	Jap. Naval Vic. in Sea of Jap 05.	4 17	7 37	rises.	4 25	7 30	rises.
28	T	Orange Free State an.to B.E.1900	4 17	7 38	9 08	4 24	7 31	9 03
29	W	Flight of Kreuger 1900.	4 16	7 39	10 16	4 23	7 32	10 11
30	T	Corpus Christi.	4 15	7 40	11 13	4 22	7 33	11 08
31	F	Peace at Pretoria, 1902.	4 15	7 41	11 58	4 22	7 34	11 53

Moon's Phases.	75th Meridian.	90th Meridian.	105th Meridian.
Last Quarter	4d 4h 53m ev.	4d 3h 53m ev.	4d 2h 53m ev.
New Moon	12d 3h 59m m.	12d 2h 59m m.	12d 1h 59m m.
First Quarter.....	20d 8h 27m m.	20d 7h 27m m.	20d 6h 27m m.
Full Moon.....	27d 9h 18m m.	27d 8h 18m m.	27d 7h 18m m.

Adamsville, Bruce Co., Ont.
November 11th, 1905.

Messrs. A. J. White & Co., Montreal.

Dear Sirs:—I am glad to say your Pills have done me a great deal of good, and I highly recommend them to any one suffering from constipation and stomach troubles.

You are at liberty to use my name in any way you like.

I have sold six boxes and used six boxes myself, and I now feel like a new man. My wife also recommends them.

Please send me more Seigel's Pills which I will sell for you.

Yours truly,

Signed. Walter J. Belson, Postmaster.

APPETITE.

"Hunger is the best sauce" is an old saying. With a keen appetite one can relish the plainest food, while without it the daintiest morsel fails to tempt. Lacking this sauce there is no longer any pleasure in eating, but generally the reverse, for when appetite fails there is certain to be something materially wrong with the digestive system. Appetite is a mild form of hunger, Nature's method of warning us that the body requires us to lay in a fresh supply of food. Why, then, does appetite fail? It can only be because the stomach is not in a condition to receive food, and this again can only be because the food, last partaken of, has not been digested and passed on to the intestines for assimilation. This brings us back to our previous statement, that loss of appetite indicates a serious breakdown of the digestive system.

Now it should never be forgotten that **digestion is the grand function of the whole body** and that physically speaking and leaving out of count the spiritual side of man, all else is unimportant, even trivial. It is by constant assimilation of food that the body exists; we live for and by this supreme process of digestion; it ensures the survival of the individual as procreation ensures the survival of the race, and is therefore one of the two great factors which make for the continued existence and continued dominance of mankind on this planet. Perfect digestion means perfect health; the one term includes the other, and when health fails vitality of necessity declines with it and the drama of life is soon ended. Only the Eastern ascetic, with his doctrine that existence is the greatest evil, and non-existence the greatest good, can afford to despise the body and its functions; we of the strenuous West are men of action, we have work to do and we must be strong in mind and body, alike.

What then? Food is the source of all human strength, the only possible source; but—it must be digested, and—it must be assimilated. "Ah! there's the rub," as Hamlet says. We may load our stomachs with the most nutritious food the world produces, with the concentrated nutriment of a king's banquet, but if we cannot digest, it avails us nothing; undigested food only lies in the stomach and decomposes, causing pain and wind and headache, and loading our blood with poisons which manifest themselves in boils, pimples and skin eruptions.

This is the real inwardness of lost appetite. It means that the digestive system has broken down and needs assistance, and this assistance should be given at once, for if we neglect the warning greater evils must follow.

Mother Seigel's Syrup is the supreme remedy for indigestion, and should be taken on the first symptom of failing appetite.

JUNE

6TH MONTH - 30 DAYS

Day of Month	Day of Week	Historical and Chronological Events.	For Montreal, Quebec & regions of St. Lawrence and Ottawa rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario, lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	S	Fenian Raid at Ridgeway 1866.	4 14	7 41	morn.	4 21	7 34	morn
2	S	1ST SUN. AFTER TRINITY.	4 13	7 42	0 35	4 20	7 35	0 32
3	M	Prince of Wales born 1865.	4 13	7 43	1 06	4 20	7 36	1 03
4	T	Surrender of Pretoria 1900.	4 12	7 43	1 30	4 19	7 37	1 29
5	W	King Alfonso of Spain vis. L. 1905	4 12	7 44	1 53	4 19	7 37	1 52
6	T	M.Delcasse res. from F.Cab. 1905.	4 12	7 45	2 20	4 18	7 38	2 19
7	F	Norway dis. union with S. 1905.	4 11	7 46	2 43	4 18	7 39	2 44
8	S	Sub-marine A 8 sank 1905 15 lost.	4 11	7 47	3 07	4 17	7 39	3 09
9	S	2ND SUN. AFTER TRINITY.	4 11	7 47	3 34	4 17	7 40	3 38
10	M	Colera epidemic in Montreal 1832.	4 10	7 48	4 07	4 17	7 41	4 11
11	T	King Alexander assasinated 1903.	4 10	7 48	sets.	4 16	7 42	sets.
12	W	Charles Kingsley born 1819.	4 10	7 49	9 21	4 16	7 43	9 15
13	T	M.Delyanni G.P.assasinated 1905.	4 10	7 49	10 06	4 16	7 43	10 01
14	F	Battle of Naseby 1645.	4 10	7 50	10 45	4 16	7 44	10 41
15	S	Princess Margaret married 1905.	4 10	7 50	11 20	4 16	7 44	11 16
16	S	3RD SUN. AFTER TRINITY.	4 10	7 51	11 49	4 16	7 44	11 46
17	M	G. M. Gomez "C. Leader" died 05	4 10	7 51	morn.	4 16	7 45	morn.
18	T	Battle of Waterloo, 1815.	4 10	7 52	0 15	4 17	7 45	0 13
19	W	King & Q. rec. mem. C.M.A. 1905.	4 10	7 52	0 39	4 17	7 45	0 38
20	T	Accession of Queen Victoria.	4 10	7 53	1 01	4 17	7 46	1 01
21	F	Longest Day in the year.	4 11	7 53	1 29	4 18	7 46	1 32
22	S	Summer begins.	4 11	7 53	1 55	4 18	7 46	1 58
23	S	4TH SUN. AFTER TRINITY.	4 11	7 53	2 27	4 18	7 46	2 30
24	M	ST. JEAN BAPTISTE.	4 11	7 53	3 04	4 19	7 46	3 09
25	T	Battle of Bannockburn 1314.	4 12	7 53	rises.	4 19	7 46	rises.
26	W	Spithead Naval Review 1897.	4 12	7 53	9 00	4 19	7 46	8 55
27	T	George IV. died 1830.	4 12	7 53	9 51	4 20	7 46	9 47
28	F	Cawnpore Massacre 1857.	4 13	7 53	10 35	4 20	7 46	10 31
29	S	ST. PETER AND ST. PAUL.	4 13	7 53	11 07	4 21	7 45	11 04
30	S	5TH SUN. AFTER TRINITY.	4 13	7 52	11 36	4 21	7 45	11 35

Moon's Phases.	75TH Meridian.	90TH Meridian.	105TH Meridian.
Last Quarter	3d 0h 20m m.	2d 11h 20m ev.	2d 10h 20m ev.
New Moon	10d 6h 50m ev.	10d 5h 50m ev.	10d 4h 50m ev.
First Quarter	18d 9h 55m ev.	18d 8h 55m ev.	18d 7h 55m ev.
Full Moon.....	25d 4h 27m ev.	25d 3h 27m ev.	25d 2h 27m ev.

AN OCTOGENARIAN TESTIMONY.

Mr. Rufus Hale, of Cresswell, Ont., in a letter dated October 17th, 1905, writes:—"I have used Mother Seigel's Syrup with a beneficial result to myself, and consider it the best medicine on the market for kidney trouble. For over thirty years I have taken it and I am now 82 years of age, well and hearty."

Not many are privileged to attain the patriarchal age of eighty-two, certainly not more than one in twenty. The strain of modern life tells on the most robust constitution, and unless fortified to resist, the vitality inevitably suffers. Mother Seigel's Syrup tones and invigorates every organ of the body, enables the system to resist disease, and lays the foundation of a happy old age.

GREAT ACHIEVEMENTS AND THEIR ADVANTAGES.

In the building up of any country there are to be found leaders in all departments whether it is in politics, theology, commerce, or any other special science or art, and what pride we feel when one of our own people has accomplished what others have failed in.

Among those who have helped to make history we must not pass over that able statesman, the Right Honorable Sir Wilfred Laurier, who was born in the country village of St. Lin, P.Q., on the 20th of November, 1841. His life is one full of interest, starting as he did at the foot of the ladder and by perseverance gradually rising to the highest position obtainable in Canada, namely, the Premiership. Undoubtedly the crowning point in his career is the construction of the Grand Trunk Pacific Railway which will open up a new Canada to our sons, and to the pioneers who come from over the seas

The Honorable David Wark, Senator, and the "Nestor" of the Canadian Parliament was another character of great interest, having spent in the services of his country over sixty years of his life. Mr. Wark was a native of Londonderry, Ireland, where he was born on the 19th of February, 1804, but early came to Canada, and for many years was engaged in a private enterprise. This Grand Old Man of Canada, wrote a number of important works on political economy, and it was only recently that he celebrated his 101st birthday, but he passed away last year (1905).

Such are the men who have helped to make Canada what it is. Inexhaustible energy, indomitable will and sound vigorous health combined to fit them for the work, and success crowned their efforts.

Without health success can rarely be achieved, sickness saps the energy, weakens the will and enfeebles the whole system. Mother Seigel's Syrup restores vitality, creates energy and ensures success in life.

JULY

7TH MONTH - 31 DAYS

Day Month	Day Week	Historical and Chronological Events.	For Montreal, Quebec & regions of St. Lawrence and Ottawa rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario, lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	M	Dominion Day.	4 15	7 52	11 59	4 22	7 45	11 59
2	T	Battle of Marston Moor, 1645.	4 16	7 52	morn.	4 23	7 45	morn.
3	W	Battle of Gettysburg 1863.	4 16	7 52	0 25	4 23	7 45	0 25
4	T	Independence Day in U. S. A.	4 17	7 51	0 50	4 24	7 44	0 51
5	F	Alta. & Sask bill. 1905	4 17	7 51	1 13	4 25	7 44	1 14
6	S	Sir. G. White, V.C. born 1835.	4 18	7 51	1 38	4 25	7 44	1 41
7	S	6th Sun. after Trinity.	4 19	7 50	2 09	4 26	7 43	2 13
8	M	Rt.Hon Jos.Chamberlain bn.1836	4 20	7 50	2 45	4 27	7 43	2 49
9	T	Earl of Minto born 1845.	4 20	7 49	3 25	4 28	7 42	3 30
10	W	John Calvin born 1509.	4 21	7 49	sets.	4 28	7 42	sets.
11	T	Alexandria bombarded 1882.	4 22	7 48	8 46	4 29	7 41	8 41
12	F	A son born to P. &P. of Wales 09.	4 23	7 48	9 22	4 30	7 41	9 18
13	S	Hon.A.G.Blair res. form Cab 1903	4 24	7 47	9 53	4 30	7 40	9 50
14	S	7th Sun. after Trinity.	4 25	7 46	10 21	4 31	7 40	10 19
15	M	St. Swithin's Day.	4 26	7 45	10 43	4 32	7 39	10 42
16	T	Santiago Surrendered 1898.	4 27	7 44	11 05	4 33	7 38	11 05
17	W	F.P. War commenced 1870	4 28	7 44	11 33	4 34	7 37	11 33
18	T	Papal infallibility declared 1870.	4 29	7 43	11 57	4 34	7 37	11 59
19	F	Bishop Wilberforce died 1873.	4 30	7 42	morn.	4 35	7 36	morn.
20	S	Riel's Trial began 1885.	4 31	7 41	0 25	4 36	7 35	0 27
21	S	8th Sun. after Trinity.	4 32	7 40	0 58	4 37	7 35	1 02
22	M	Battle of Shrewsbury 1403.	4 33	7 39	1 39	4 38	7 34	1 44
23	T	Duke of Devonshire born 1833.	4 34	7 38	2 30	4 39	7 33	2 36
24	W	Capture of Gibraltar 1704.	4 35	7 37	rises.	4 40	7 32	rises.
25	T	St. James.	4 36	7 36	8 26	4 41	7 31	8 21
26	F	French Revolution 1830.	4 37	7 35	9 05	4 41	7 30	9 01
27	S	Battle of Killicrankie 1689.	4 38	7 34	9 36	4 42	7 29	9 33
28	S	9th Sun. after Trinity.	4 39	7 33	10 01	4 43	7 28	10 00
29	M	King Humbert of Italy assa.1900.	4 40	7 32	10 27	4 44	7 27	10 27
30	T	Prince Bismark died 1898.	4 41	7 31	10 54	4 46	7 26	10 54
31	W	Ignatius L. founde of J. died 1556.	4 42	7 30	11 16	4 48	7 25	11 18

Moon's Phases.	75th Meridian.	90th Meridian.	105th Meridian.
Last Quarter	2d 9h 34m m.	2d 8h 34m m.	2d 7h 34m m.
New Moon	10d 10h 17m m.	10d 9h 17m m.	10d 8h 17m m.
First Quarter	18d 8h 12m m.	18d 7h 12m m.	18d 6h 12m m.
Full Moon	24d 11h 29m ev.	24d 10h 29m ev.	24d 9h 29m ev.
Last Quarter	31d 9h 25m ev.	31d 8h 25m ev.	31d 7h 25m ev.

PILES.

The soothing balsamic, healing properties of Mother Seigel's Curative Syrup render it of the utmost value in curing hæmorrhoids, or piles. The movements of the bowels are made free, regular and natural, all irritation is removed, inflammation is subdued, and the piles vanish as if by magic under the influence of this agreeable regulator and healer. Blind piles, bleeding piles, itching piles, etc., disappear with the use of Mother Seigel's Syrup, and are cured as effectually when high up in the bowels as when at the terminus of the intestines. The operating Pills should be used occasionally to promote the cure.

BILIOUS FOR 15 YEARS.

For fifteen weary years Mr. W. J. Treleaven, of Reston, Manitoba, suffered from biliousness, sick headache and stomach troubles, and could find no relief. Here is a plain matter-of-fact statement, in plain matter-of-fact language; but what a world of misery it reveals. Think of the dull heavy eyes, the throbbing head, and the weary nerveless limbs that must bear the sufferer, somehow, through the long day's work! And for fifteen years!

But Mr. Treleaven no longer suffers. Three years ago he commenced taking Mother Seigel's Syrup, which quickly restored him to health, and he has never had any sickness since. He is so grateful for this cure that he is ready to answer anyone who cares to write to him on the matter.

NEVER TOO LATE.

It is never too late to take Mother Seigel's Syrup when the trouble is indigestion, biliousness or any disease arising out of a disordered state of the stomach, liver or bowels; and it is never too late for this supreme remedy to effect a cure in such circumstances. Here is striking proof of the truth of this assertion.

In June, 1904, Mr. Simon Theriault, of Burnsville, Gloucester Co., N.B., began to suffer from indigestion, which steadily increased in severity. He had a nasty cough with it and much pain in the side, and his strength failed rapidly. He became so feeble ultimately that his friends and neighbours thought he could not possibly survive many weeks. Medicines proved useless and the worst seemed inevitable. In April, 1905, however, he was persuaded to try Mother Seigel's Syrup, and the results exceeded all expectations. This wonderful medicine banished all pain, restored health and strength, and now Mr. Theriault is back at business strong and well.

Meteghan Station, Digby Co., N.S.

October 29th, 1905.

Messrs. A. J. White & Co., Montreal.

Gentlemen:—Mother Seigel's Syrup has been a great relief for me, being attacked with dyspepsia, and having used a few bottles I am now completely cured.

Yours truly,

Signed. Raymond Saulnier.

AUGUST

8TH MONTH - 31 DAYS

Day Month	Day Week	Historical and Chronological Events.	For Montreal, Quebec & regions of St. Lawrence and Ottawa Rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	T	Battle of the Nile 1798.	4 43	7 28	11 42	4 49	7 23	11 44
2	F	Battle of Blenheim 1704.	4 44	7 27	morn.	4 50	7 22	morn.
3	S	Haakon VII. of Norway b 1872	4 45	7 26	0 10	4 51	7 21	0 14
4	S	10TH SUN. AFTER TRINITY.	4 46	7 25	0 44	4 52	7 20	0 48
5	M	First Cable Message 1858.	4 47	7 23	1 22	4 53	7 18	1 27
6	T	Workmen's Comp, A. passed 1897	4 49	7 22	2 08	4 54	7 17	2 13
7	W	Dean Farrar born 1831.	4 50	7 20	2 58	4 55	7 16	3 04
8	T	Transvaal Republic pro. 1881	4 51	7 19	3 53	4 56	7 14	3 59
9	F	Coronation of King Ed. VII. 1902	4 52	7 18	sets.	4 57	7 13	sets.
10	S	Battle of Chevy Chase 1388.	4 54	7 16	8 25	4 59	7 11	8 22
11	S	11TH SUN. AFTER TRINITY.	4 55	7 15	8 49	5 00	7 10	8 47
12	M	Anglo-Jap. Treaty sigued 1905.	4 56	7 13	9 12	5 01	7 08	9 11
13	T	Manil sur. to the A. 1898.(manilla	4 58	7 11	9 37	5 02	7 07	9 37
14	W	Relief of Pekin, 1900.	4 59	7 10	10 03	5 03	7 05	10 03
15	T	Sir. Walter Scott. born 1771.	5 00	7 08	10 26	5 04	7 03	10 29
16	F	Ben. Johnson died 1637.	5 01	7 06	10 56	5 05	7 02	11 00
17	S	Frederick the great died 1796.	5 02	7 05	11 33	5 06	7 00	11 38
18	S	12TH SUN. AFTER TRINITY.	5 03	7 03	morn.	5 07	6 59	morn.
19	M	Balzac died 1850.	5 05	7 01	0 18	5 08	6 57	0 24
20	T	Anarchist Riots in Paris 1899.	5 06	6 59	1 13	5 09	6 55	1 19
21	W	La Fayette captured 1792.	5 07	6 58	2 20	5 10	6 54	2 25
22	T	Lord Salisbury died 1903.	5 08	6 56	3 33	5 11	6 25	3 38
23	F	Hong Kong cap. by B. 1839.	5 10	6 54	rises.	5 12	6 50	rises.
24	S	St. Bartholomew's Day.	5 11	6 52	8 01	5 14	6 49	7 59
25	S	13TH SUN. AFTER TRINITY.	5 12	6 50	8 26	5 15	6 47	8 26
26	M	Prince Consort born 1819.	5 13	6 49	8 55	5 16	6 46	8 55
27	T	Bombardment of Algiers, 1816.	5 14	6 47	9 18	5 17	6 44	9 20
28	W	Slavery abolished inB.E. 1825.	5 16	6 45	9 44	5 18	6 42	9 46
29	T	Loss of Royal George 1782.	5 17	6 43	10 11	5 20	6 41	10 15
30	F	Battle of Plevna 1877.	5 18	6 41	10 43	5 21	6 39	10 47
31	S	Q. Wilhelmina of Holland b. 1880	5 20	6 40	11 20	5 23	6 38	11 25

Moon's Phases.	75TH Meridian.	90TH Meridian.	105TH Meridian.
New Moon	9d 1h 36m m.	9d 0h 36m m.	8d 11h 36m ev.
First Quarter	16d 4h 5m ev.	16d 3h 5m ev.	16d 2h 5m ev.
Full Moon.....	23d 7h 15m m.	23d 6h 15m m.	23d 5h 15m m.
Last Quarter	30d 0h 28m ev.	30d 11h 28m m.	30d 10h 28m m.

MOTHER SEIGEL'S PLASTERS.

Mother Seigel's Plasters are soothing, healing and stimulating. Their medicinal properties are absorbed by the skin and thus become diffused through the entire system. They are flexible and porous, thus fitting closely to the part where applied, and allowing the humours withdrawn from the body to escape.

For these reasons they are fast taking the place of all other outward applications, such as salves, ointments, liniments, embrocations. As one plaster will have the effect of a dozen bottles of lotion or liniment, it is cheaper beyond comparison.

Writing on Nov. 1st, 1905, Mr. R. McIsaac, of East Bay, N.S., says:—"Last year I was laid up with a lame back, I tried one of Mother Seigel's Soothing Plasters and in a few days afterwards I was all right. It is a sure cure for lame back."

EAGER TO TELL OTHERS.

Everyone, however placed, may do some good in the world; and when the doing costs nothing, and at the same time tends to reduce the sum of human suffering, surely it were churlish to refuse.

This is the view of our many correspondents. They feel that having benefited themselves by using Mother Seigel's Syrup, they must tell everyone who suffers what a splendid medicine it is. They cannot keep the discovery to themselves, but spread it far and wide in their eagerness to do good. Thus Mrs. Richard Jardine, of Fitch Bay, P.Q., writes under date Oct. 21, as follows:—

"I am glad of the privilege of recommending Mother Seigel's Syrup and Pills, which I do to all my friends and acquaintances. For a long time I suffered severely from dyspepsia with violent pains in the stomach, and though I had medical treatment it proved of no avail. In the end I turned to Mother Seigel's Syrup and soon found relief. Four bottles completely cured me. Many of my friends have taken it also and with equally good results."

HEART TROUBLE.

When you fancy you have heart disease the chances are a hundred to one that you have not heart trouble at all, but indigestion and dyspepsia instead. The heart is located almost directly above the stomach, and when the latter is inflated by the gas arising from indigestion it often presses upon the heart and causes fluttering, palpitation and faintness. Take a few doses of Mother Seigel's Syrup and you will almost always find you have no reason to be alarmed about your heart.

Black River, October 21st, 1905.
St. John Co., N.B.

This is to certify that I used Mother Seigel's Syrup and it has benefited me greatly for Indigestion.

Signed. Mrs. Bernard McCormick.

Black River, October 21st., 1905.
St. John Co., N.B.

This is to certify that I used Mother's Seigel Pills and that from experience I pronounce them an excellent Remedy.

Signed. Catherine McGourty.

SEPTEMBER

9TH MONTH - 30 DAYS

Day Month	Day Week	Historical and Chronological Events.	For Montreal, Quebec & regions of St. Lawrence and Ottawa Rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario, lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	S	14TH SUN. AFTER TRINITY.	5 21	6 38	morn.	5 24	6 35	morn.
2	M	LABOR DAY.	5 23	6 36	0 03	5 25	6 34	0 08
3	T	Bomb explosion inBarcelon160K.	5 23	6 34	0 50	5 26	6 32	0 56
4	W	French Republic procl. 1870.	5 24	6 32	1 46	5 27	6 30	1 51
5	T	T. of P signed "Russo-Jap." 1905	5 26	6 30	2 43	5 28	6 28	2 47
6	F	G. Hunter born 1856.	5 27	6 28	3 44	5 29	6 26	3 48
7	S	Battle of Turin 1706.	5 28	6 26	4 49	5 30	6 24	4 51
8	S	15TH SUN. AFTER TRINITY.	5 29	6 24	sets.	5 31	6 22	sets.
9	M	Battle of Flodden 1513	5 30	6 22	7 40	5 32	6 20	7 40
10	T	Express of Austria assasi1898 98.	5 31	6 20	8 06	5 33	6 19	8 07
11	W	Laurier turned 1st. sod G.T.P. '05	5 33	6 18	8 29	5 34	6 18	8 32
12	T	Jap. battleship Mikasa blew up 05	5 34	6 16	8 59	5 35	6 15	9 03
13	F	Capture of Quebec 1759.	5 35	6 15	9 32	5 36	6 14	9 36
14	S	Fennimore Cooper died 1851.	5 36	6 13	10 14	5 37	6 11	10 19
15	S	16TH SUN. AFTER TRINITY.	5 38	6 11	11 05	5 39	6 09	11 10
16	M	General Hull sur. to Canada 1812	5 39	6 09	morn.	5 40	6 08	morn.
17	T	Battle of Antietam 1862.	5 40	6 07	0 04	5 41	6 06	0 10
18	W	EMBER DAY.	5 42	6 07	1 13	5 42	6 05	1 19
19	T	Dr. Barnardo died 1905	5 43	6 06	2 27	5 43	6 03	2 32
20	F	EMBER DAY.	5 44	6 01	3 44	5 44	6 01	3 48
21	S	EMBER DAY.	5 45	5 59	rises.	5 46	5 59	rises.
22	S	17TH SUN. AFTER TRINITY.	5 47	5 57	6 53	5 47	5 57	6 53
23	M	Wilkie Collins died 1889.	5 48	5 56	7 19	5 48	5 56	7 20
24	T	Autumn begins.	5 49	5 54	7 42	5 50	5 54	7 44
25	W	Relief of Luckknow 1857.	5 50	5 52	8 10	5 51	5 52	8 13
26	T	ST. CYPRIAN.	5 52	5 50	8 41	5 52	5 50	8 45
27	F	1st Railway opened in Eng., 1825	5 53	5 48	9 16	5 53	5 48	9 21
28	S	King D. Carlos of Portugal 1863.	5 54	5 46	9 57	5 55	5 47	10 02
29	S	18TH SUN. AFTER TRINITY.	5 56	5 44	10 42	5 56	5 45	10 48
30	M	Lord Roberts born 1832.	5 57	5 42	11 34	5 57	5 43	11 40

Moon's Phases.	75TH Meridian.	90TH Meridian.	105TH Meridian.
New Moon.....	7d 4h 4m ev.	7d 3h 4m ev.	7d 2h 4m ev.
First Quarter	14d 10h 40m ev.	14d 9h 40m ev.	14d 8h 40m ev.
Full Moon.....	21d 4h 34m ev.	21d 3h 34m ev.	21d 2h 34m ev.
Last Quarter	29d 6h 37m m.	29d 5h 37m m.	29d 4h 37m m.

RHEUMATISM AND GOUT.

Almost everybody knows something about Rheumatism—for those who are lucky enough not to have it, have seen their relatives and friends suffering from it, often crippled by it. In ninety-nine cases out of a hundred it arises from faulty digestion and assimilation of food. The result is that a poison, known as uric acid, is formed in the blood, and deposited in the joints and on the membranes, or delicate nerve bearing tissues of the muscles. Mother Seigel's Syrup and Mother Seigel's Pills will keep your stomach in good order and thus cure and keep away rheumatic troubles and gout, which also usually proceeds from similar causes.

INDIGESTION AND DYSPEPSIA.

HOW FOOD FERMENTS AND FORMS GAS, AND WHAT THE GAS DOES.

When your food ferments in your stomach it forms gas, just like yeast does when raising bread for baking.

This gas swells your stomach up hard, and causes what is known as " bloating after meals," It also presses the stomach against the heart or lungs, and causes the symptoms of pain in the heart or lungs, palpitation, loss of breath, etc., which so many people take for special diseases, but which are in reality caused by one single disease or disorder—indigestion.

The only thing which actually prevents fermentation is Mother Seigel's Syrup. It aids the stomach to digest its food, and relieves all the symptoms and all the disorders arising from indigestion.

Thousands of people every year are made well and strong and cured from indigestion and stomach disorders by Mother Seigel's Curative Syrup.

To be well, look after the food you eat, don't eat what disagrees with your stomach. Food is more important than medicine, but it must be digested in order to be effective.

When your stomach cannot digest it, you can help it to do so by taking Mother Seigel's Syrup.

Mr. Omer Maheu of Longtinville, Ont., wrote us on October 19th, 1905, " I have used Mother Seigel's Syrup for Dyspepsia and it entirely cured me. It is with great pleasure that I recommend it as a first-class article.

Madame J. Blais of Berthier, Que., writes us: " It is with pleasure that I recommend Mother Seigel's Syrup to those who suffer from Indigestion, and any sickness for which it is used."

Guimond, Kent Co., N.B.
July 19th, 1905.

Messrs. A. J. White & Co., Montreal.

Gentlemen:—I hope you will excuse me for having neglected to write to you, but I wanted to give a fair trial to Mother Seigel's Syrup.

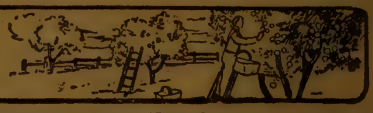
For five years I have been troubled with dyspepsia, and could not get any relief, but since last year I have been taking Mother Seigel's Syrup and I am glad to say that I have been completely cured, and I hope that all those who suffer as I did will be as lucky as I have been in taking the said Syrup.

I remain, yours truly,

Signed. Mrs. John C. Guimond.

OCTOBER

10TH MONTH - 31 DAYS



Day Month	Day Week	Historical and Chronological Events.	For Montreal, Quebec & regions of St. Lawrence and Ottawa Rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	T	Sir. W. V. Harcourt died 1904.	5 58	5 40	morn.	5 57	5 40	morn.
2	W	Major Andre hanged 1780.	6 00	5 39	0 31	5 59	5 39	0 36
3	T	U.S.troops withdraw from P 1900	6 01	5 37	1 31	6 00	5 38	1 35
4	F	Crispi "Statesman" born 1819.	6 02	5 35	2 35	6 01	5 36	2 37
5	S	Henry of Battenburg born 1858.	6 03	5 33	3 41	6 02	5 34	3 43
6	S	19TH SUN. AFTER TRINITY.	6 05	5 31	4 51	6 04	5 33	4 51
7	M	Battle of Metz 1870.	6 06	5 29	sets.	6 05	5 31	sets.
8	T	Great fire at Chicago 1871.	6 07	5 27	6 35	6 06	5 29	6 37
9	W	Kruger issued ultimatum 1899.	6 09	5 25	7 01	6 07	5 28	7 04
10	T	Kruger born at Rustenburg 1825.	6 10	5 23	7 32	6 08	5 26	7 36
11	F	Battle of Camperdown 1797.	6 11	5 22	8 13	6 09	5 24	8 17
12	S	Robert Stephenson died 1859.	6 13	5 20	9 00	6 10	5 23	9 06
13	S	20TH SUN. AFTER TRINITY.	6 14	5 18	9 56	6 12	5 21	10 02
14	M	Sir. W. V. Harcourt born 1827.	6 15	5 17	11 02	6 13	5 19	11 08
15	T	Attack on Mafeking, 1899.	6 16	5 15	morn.	6 13	5 18	morn.
16	W	Battle of Liepsic 1813.	6 18	5 13	0 13	6 15	5 16	0 18
17	T	Duchess of Edinburg born 1853.	6 19	5 11	1 27	6 16	5 14	1 31
18	F	ST. LUKE EVANGELIST.	6 21	5 10	2 42	6 18	5 13	2 45
19	S	Dean Swift died 1784.	6 22	5 08	3 58	6 19	5 11	3 59
20	S	21ST SUN. AFTER TRINITY.	6 23	5 07	5 08	6 20	5 09	5 08
21	M	Battle of Trafalgar 1805.	6 25	5 05	rises.	6 22	5 08	rises.
22	T	First British Parliament 1707.	6 26	5 03	6 09	6 23	5 06	6 11
23	W	Earl Derby died 1869.	6 27	5 02	6 37	6 24	5 05	6 41
24	T	Chaucer, poet, died 1400.	6 29	5 00	7 11	6 25	5 03	7 15
25	F	Agincourt 1415, Bala Clava 1854	6 30	4 58	7 51	6 27	5 01	7 56
26	S	Battle of Chateauguay 1813.	6 31	4 57	8 34	6 28	5 00	8 40
27	S	22ND SUN. AFTER TRINITY.	6 32	4 55	9 23	6 29	4 58	9 30
28	M	Harvard College founded 1636.	6 34	4 54	10 19	6 31	4 56	10 24
29	T	Sir.W. Raleigh beheaded 1618.	6 35	4 53	11 16	6 32	4 55	11 21
30	W	Czar grants constitution 1905.	6 36	4 50	morn.	6 33	4 53	morn.
31	T	HALLOWE'EN.	6 38	4 49	0 17	6 34	4 51	0 21

Moon's Phases.	75TH Meridian.	90TH Meridian	105TH Meridian.
New Moon	7d 5h 21m m.	7d 4h 21m m.	7d 3h 21m m.
First Quarter	14d 5h 2m m.	14d 4h 2m m.	14d 3h 2m m.
Full Moon.....	21d 4h 16m m.	21d 3h 16m m.	21d 2h 16m m.
Last Quarter	29d 2h 51m m.	29d 1h 51m m.	29d 0h 51m m.

East Aldfield, Que., April, 1906.

Messrs. A. J. White Co., Montreal,

Dear Sirs,—Nearly everybody in our small parish has used Mother Seigel's Syrup for there has been a great deal of sickness.

Norbert Charron, his wife who is my daugther, would be dead long ago if it had not been for your remedies. The told me several times that your could use her name, and myself, I am 68 years old and I am as well as when I was 20, so if I may speak, I will recommend your remedies.

As soon as I have a small illness, I take one Pill and a dose of Syrup and am soon better. Do not fear this commendation as I would never give it if it were not true.

Yours truly,

(Signed) Dame Charles Diotte.

THE BEST MEDICINE IN THE STORE.

Mr. Samuel Gaumond, of Berthier, Que., in a letter to us of recent date, says: "I take great pleasure in praising and recommending your excellent remedy, Mother Seigel's Syrup. It is the best medicine in the drug store for indigestion and that kind of thing, that I have yet found, and has completely cured me."

Mr. Gaumond speaks from experience; he has tried a good many of the medicines to be found in drug stores, and not one of them has done him any real good excepting only Mother Seigel's Syrup. This, as he says, completely cured him. To us there is nothing remarkable in this; because of course, we know that Mother Seigel's Syrup **always** cures. It is the supreme remedy for indigestion the world over; five continents use it and praise it, and thousands upon thousands are restored to health every year, through using it, when everything else has failed.

If you suffer, try it and be convinced.

THE DRIVING POWER.

When food has passed through the various stages of digestion and assimilation, and has at length become blood, the actual material from which bone and sinew are built up, it still remains for it to be driven through arteries and capillaries to every part of the body; and that the force required is considerable anyone who has ever seen a bleeding artery can well understand. Now the driving power is centred in the heart; it is the pumping engine of the body, and like every other engine must have room to work. If in consequence of indigestion the stomach becomes distended with wind or the liver enlarged, these organs encroach upon the territory of the heart, and reduce the space in which it works. Naturally there is fluttering; sometimes pain.

This was the case with Mr. James Simpson, of Orland, Ont. In a letter to us, dated Oct. 23, 1905, he says:—"I have used Mother Seigel's Syrup for stomach and heart troubles, and it has worked wonders. I would not be without it now on any account."

Amherst, Magdalen Islands,
October 26th, 1905.

Messrs. A. J. White & Co., Montreal.

Gentlemen:—I was troubled with constipation and by using Mother Seigel's Syrup it made me feel better than I have felt for years. Yours truly,

Signed. Mrs. Ed. Dubrieul.

NOVEMBER

11TH MONTH - 30 DAYS

Day Month	Day Week	Historical and Chronological Events.	For Montreal, Quebec & regions of St. Lawrence and Ottawa Rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	F	All Saints' Day.	6 39	4 47	1 23	6 36	4 50	1 25
2	S	All Souls' Day.	6 41	4 45	2 30	6 37	4 49	2 31
3	S	23rd Sun. after Trinity.	6 42	4 44	3 41	6 39	4 48	3 41
4	M	French gave up Fashoda 1898.	6 43	4 42	4 48	6 40	4 46	4 47
5	T	G. Fawkes Gunpowder P. 1604.	6 45	4 41	6 02	6 41	4 45	6 00
6	W	Sir. George Williams died 1905	6 46	4 40	sets.	6 43	4 44	sets.
7	T	Duke of Montrose born 1852.	6 48	4 38	6 08	6 44	4 43	6 13
8	F	John Milton died 1674.	6 49	4 37	6 54	6 46	4 41	7 00
9	S	King's Birthday.	6 51	4 36	7 48	6 47	4 40	7 54
10	S	24th Sun. after Trinity.	6 52	4 35	8 53	6 48	4 39	8 58
11	M	King V. Emanuel of I. born 1869	6 53	4 34	10 04	6 50	4 38	10 09
12	T	G.T.R. opened 1856.	6 55	4 33	11 17	6 51	4 37	11 21
13	W	Montreal captured 1775.	6 56	4 32	morn.	6 52	4 36	morn.
14	T	J.R. Birchall hanged 1890.	6 57	4 31	0 32	6 54	4 35	0 35
15	F	Revolution in Brazil 1889	6 59	4 30	1 46	6 55	4 34	1 48
16	S	Suez. Canal opened 1869	7 00	4 29	2 59	6 56	4 33	2 59
17	S	25th Sun. after Trinity.	7 01	4 28	4 05	6 58	4 32	4 04
18	M	Standard time adopted 1883.	7 03	4 27	5 16	6 59	4 31	5 14
19	T	Fire in London.$25.000,000, 1897	7 04	4 26	6 24	7 00	4 30	6 21
20	W	Sir. W. Laurier born 1841.	7 05	4 25	rises.	7 01	4 30	rises.
21	T	Princess Royal born 1840.	7 07	4 24	5 46	7 02	4 29	5 51
22	F	Lord Clive 1774.	7 08	4 24	6 27	7 03	4 28	6 33
23	S	King of Holland died 1890.	7 09	4 23	7 14	7 04	4 28	7 19
24	S	26th Sun. after Trinity.	7 11	4 22	8 08	7 06	4 27	8 13
25	M	St. Catherine.	7 12	4 21	9 04	7 07	4 27	9 08
26	T	Cowper born 1731.	7 13	4 21	10 04	7 08	4 25	10 08
27	W	Earliest date for Advent Sun.	7 14	4 20	11 06	7 09	4 25	11 09
28	T	Mandalay occupied 1885	7 16	4 20	morn.	7 10	4 25	morn.
29	F	Horace Greeley died 1872.	7 17	4 19	0 10	7 11	4 25	0 12
30	S	St. Andrew.	7 18	4 18	1 19	7 12	4 24	1 19

Moon's Phases.	75th Meridian.	90th Meridian.	105th Meridian
New Moon	5d 5h 39m ev.	5d 4h 39m ev.	5d 3h 39m ev.
First Quarter	12d 0h 14m ev.	12d 11h 14m m.	12d 10h 14m m.
Full Moon	19h 7h 4m ev.	19d 6h 4m ev.	19d 5h 4m ev.
Last Quarter	27d 11h 21m ev.	27d 10h 21m ev.	27d 9h 21m ev.

Ulric, Mackenzie Dist., Sask.

Messrs. A. J. White & Co., Montreal,

Gentlemen:—I have much pleasure in thanking you for your excellent medicine, Mother Seigel's Syrup, which has saved my life. I was laid up with a disease which I don't understand, and I could not sleep or eat, my bones got stiff, flesh seemed to waste away, my skin got dry, I was unable to turn in my bed, and my husband had to feed me with a spoon for three weeks. I tried one bottle of Mother Seigel's Syrup, thinking to myself if it don't cure me, it can't make me any worse than I am. When I took one bottle I found an improvement, I took seven bottles in all and I am healthy as possible for a woman up in my years, and I must in justice to you tell the exact facts.

I would not be without Mother Seigel's Syrup for a fortune as I believe it to be the Queen of all medicines.

Wishing you every success, I remain,

Yours truly,

(Signed) Mrs. A. D. Kennedy.

LOOK OUT FOR THE SIGNS.

People who feel ill or out of sorts should notice the early symptoms, and not let things run until dyspepsia gets a firm hold. To help them to do so we here give some of the leading symptoms as follows:—

A feeling of distress after eating, with heaviness and deadness of the stomach, sickness and nausea, pains in the head, chest, sides and back, sometimes shifting from place to place, bad taste in the mouth, and rising of offensive gas from the stomach, dizziness, as though you were going to fall, costiveness and irregularity of the bowels, yellow colour of the eyes and skin, cold hands and feet, palpitation and heartburn, variable appetite, sometimes hungry and then loathing the very thought of food; sick headaches, ringing in the ears, spots before the eyes, flashes of heat across the body, difficulty in passing the urine, which is often of a high colour, and leaves a sediment on standing; trouble of mind, and vague fears for the future, without being able to give a reason; restlessness, "fidgets," poor sleep, unpleasant dreams, desire to avoid company, loss of ambition and dislike for work; a tired and weary feeling that is not relieved by rest; dry and scurfy skin, aching of the arms and legs, and soreness of the muscles. Thus we see how indigestion and dyspepsia may be mistaken for other diseases, all the more as it is the real cause of those same diseases, which cannot be cured as long as the cause exists. By observing in yourself and others, you need not be in doubt as to what the ailment is. Whether you have one or many of the above-named symptoms you may recognize indigestion and dyspepsia, and should arrest its progress at once by taking Mother Seigel's Curative Syrup.

Cabin Cove, Magdalen Islands,
October 23rd, 1905.

Messrs. A. J. White & Co., Montreal.

Gentlemen:—I was troubled with Indigestion and the only medicine that did me good was Mother Seigel's Syrup, three bottles cured me. I cannot praise it enough.

Your obedient servant,
Signed. James Cormier.

Berthier, Que., October 17th, 1905.

Messrs. A. J. White & Co., Montreal.

Gentlemen:—I ought to give a word of praise to Mother Seigel's Syrup as I have used it for several years, as a remedy, and have found it a great medicine.

Yours truly
Signed. Edouard Talbot.

DECEMBER

12TH MONTH - 31 DAYS

Day Month	Day Week	Historical and Chronological Events.	For Montreal, Quebec & regions of St. Lawrence and Ottawa Rivers. Sun Rises.	Sun Sets.	Moon Rises.	For Toronto and Prov. of Ontario lying on and bet. the Great Lakes. Sun Rises.	Sun Sets.	Moon Rises.
			h.m.	h.m.	h.m.	h.m.	h.m.	h.m.
1	S	Advent Sunday.	7 20	4 18	2 24	7 14	4 24	2 24
2	M	Battle of Austerlitz 1805.	7 21	4 17	3 36	7 15	4 24	3 35
3	T	R.L.Stevenson died 189[illegible].	7 22	4 17	4 52	7 16	4 24	4 50
4	W	Papineau Insur. 1837.	7 23	4 17	6 11	7 17	4 23	6 07
5	T	Gladstone's Franchise Bill 1884	7 24	4 17	sets.	7 18	4 23	sets.
6	F	St. Nicholas.	7 25	4 16	5 35	7 19	4 23	5 41
7	S	G. Redvers Buller born 1839.	7 26	4 16	6 37	7 20	4 23	6 43
8	S	2nd Sun. in Advent.	7 27	4 16	7 48	7 21	4 23	7 54
9	M	Sierra. Leon discovered 1786.	7 28	4 16	9 03	7 22	4 23	9 08
10	T	Royal Acedemy instituted 1768.	7 29	4 16	10 19	7 23	4 23	10 23
11	W	B. rev. at Magersfontein 1899.	7 30	4 16	11 35	7 24	4 23	11 38
12	T	R. Browning "poet" died 188[illegible]	7 31	4 16	morn.	7 24	4 23	morn.
13	F	Lord J. Manners born 1818.	7 32	4 16	0 50	7 25	4 23	0 50
14	S	Great fire in Minneapolis 1904.	7 33	4 17	1 56	7 26	4 24	1 56
15	S	3rd Sun. in Advent.	7 33	4 17	3 05	7 27	4 24	3 04
16	M	Beethoven born 1770.	7 34	4 17	4 13	7 28	4 24	4 11
17	T	Rob. appointed com. in S.A. 1899	7 35	4 18	5 21	7 28	4 25	5 17
18	W	Ember Day.	7 36	4 18	6 24	7 29	4 25	6 20
19	T	V. Behring "explorer" died 1741.	7 36	4 19	rises.	7 29	4 25	rises.
20	F	Ember Day.	7 37	4 19	5 09	7 30	4 26	5 14
21	S	Ember Day.	7 37	4 19	5 59	7 31	4 26	6 05
22	S	4th Sun. in Advent.	7 38	4 20	6 54	7 31	4 27	7 00
23	M	Prince Consort buried 1861.	7 38	4 20	7 53	7 32	4 27	7 57
24	T	King G. of Greece born 1845.	7 39	4 21	8 53	7 32	4 28	8 57
25	W	Christmas Day.	7 39	4 22	9 57	7 32	4 28	10 01
26	T	St. Stephen.	7 40	4 22	11 02	7 33	4 29	11 04
27	F	St. John Evangelist.	7 40	4 23	morn.	7 33	4 30	morn.
28	S	Innocents' Day.	7 40	4 24	0 10	7 34	4 30	0 10
29	S	1st Sun. after Christmas.	7 41	4 24	1 15	7 34	4 31	1 14
30	M	Rudyard Kipling born 1865.	7 41	4 25	2 26	7 34	4 32	2 24
31	T	Pres. Loubet of France born 1838.	7 41	4 26	3 41	7 34	4 33	3 38

Moon's Phases.	75th Meridian.	90th Meridian.	105th Meridian.
New Moon	5d 5h 22m m.	5d 4h 22m m.	5d 3h 22m m.
First Quarter	11d 9h 16m ev.	11d 8h 16m ev.	11d 7h 16m ev
Full Moon.....	19d 0h 55m ev.	19d 11h 55m m.	19d 10h 55m m.
Last Quarter.	27d 6h 10m ev.	27d 5h 10m ev.	27d 4h 10m ev.

The demand for Mother Seigel's Plasters increases daily. We are constantly receiving letters from all parts of the country telling us of the great benefit derived from their use, and assuring us that having once tried them the writers will use no other external remedy. Thus in a letter dated Oct. 16, 1905, Madame Theriault, of Burnsville, Gloucester Co., New Brunswick, writes:—"I was troubled with a pain in the shoulder which caused me so much suffering that I could not sleep. In the end I applied a Mother Seigel's Plaster, and soon found myself entirely cured."

Madam L. J. Hache, a neighbour of Madam Theriault, is also loud in her praises of Mother Seigel's Plasters. At one time she suffered greatly from pain in the side, but Mother Seigel's Plasters cured her and she has been well ever since.

REGULATING THE TRAFFIC.

To the visitor from quiet village or countryside the leading thoroughfares of a great city are a source of never-failing delight. To watch the ceaseless traffic and the various methods of controlling it is a study of deep interest. Take for instance London, the Capital of the Empire. There the traffic transcends anything to be seen in any other city of the world; vehicles of every description follow each other in endless procession; yet all works smoothly and expeditiously. Policemen at every corner control all and the highways are kept free.

This is important, but it is even more important that the highways of the body should be kept free; congestion here would mean constipation, with all its deadly consequences: piles, headache, foul blood, rheumatism, kidney troubles and other ills.

Mrs. H. Thomas, of Mulock P. O., Assa., in a letter dated May 11, 1905, writes:—"I must say a word in praise of Mother Seigel's Syrup. It is the best medicine I have ever taken. For years I suffered from constipation, and though I took pills and pills till I was weary of taking them, I got no better. At length my mother-in-law advised me to take Mother Seigel's Syrup, and I did. It completely cured me, and I shall never be without it in the house again. I may mention also that my husband has been cured of back-strain by Mother Seigel's Plasters."

WORMS IN CHILDREN.

These pests are bred by the corrupt matter in the system. They often induce an unnatural appetite, and again destroy the appetite altogether. Mother Seigel's Syrup will drive them from the stomach and bowels, and expel and destroy the decaying substances on which they thrive. Mothers should give their children occasional doses of the Syrup—Three to ten drops in milk, with the child's regular food, and three times a day; for children under five years of age, the smaller dose.

White's Settlement, Kent Co., N.B.,
September 22nd, 1905.

Messrs. A. J. White & Co., Montreal, Can.

Gentlemen:—I have taken one bottle of Mother Seigel's Curative Syrup and have found it very beneficial for Rheumatism. I recommend it to all those who suffer from that complaint.

Yours truly,

Signed. Jude Dupuis.

FOUL BLOOD AND ITS CONSEQUENCES.

"For twenty years I suffered from a skin disease which made my life a perfect misery," says Mr. Adolph Bouchard, of Grand Baie, Chicoutimi Co., Que. "I cannot describe the agony I endured," he continues, "and few people would believe me if I could. I was terribly sick and my body was covered with pimples from head to foot. At various times I was attended by doctors, but none of them could do me any good, and it seemed as though I were doomed to suffer for the term of my natural life. However, about a year ago I got a couple of bottles of Mother Seigel's Syrup and that did for me what all the doctors had failed to do—completely restored me to health, and put an end to twenty years' misery. I have had excellent health ever since."

If happiness be the right of all, Mr. Bouchard has not had his fair share; twenty years of suffering is a big balance on the wrong side. And yet it need never have been. Had Mr. Bouchard taken Mother Seigel's Syrup when he first fell ill, he would have been spared it all.

The trouble was in his blood, of course, and that again was the the result of bad digestion. Mother Seigel's Syrup ensures perfect digestion and pure blood. Skin diseases are then impossible.

A GREAT TRUTH.

Mr. Telesphore Roux, of Gentilly, P.Q., in a letter to us of Oct. 25, 1905, says:—"Mother Seigel's Syrup affords me great relief, and I cannot do otherwise than recommend it as the best medicine that can be bought."

"The best medicine!" These words form the burden of nearly every letter we receive; and we receive many in the course of the year from grateful men and women who have been restored to health by Mother Seigel's Syrup, often when every other means had failed. "The best medicine," they keep repeating, "always the best medicine," and every fresh letter bears out the great truth.

South Bay, North Cape Breton Co., N.S.
October 26th, 1905.

Messrs. A. J. White & Co., Montreal.

Gentlemen:—Most people who buy your medicines from me speak very highly of them.

I for one can recommend Mother Seigel's Syrup as a good Medicine as I have used it for loss of appetite, and it gave me good service.

I have also used Mother Seigel's Plasters and can highly recommend them to all sufferers, for sore back.

Yours truly,
Signed. George Brewer.

HAVE I LIVER COMPLAINT AND HUMOR IN THE BLOOD?

A person in good health never asks this question, because he does not know that he has such a thing as a liver, but when the system gives way to the ravages of disease, he is made sensible that he really has a liver. When the liver becomes disordered and diseased, the person so afflicted is indeed miserable.

Ask yourself these questions:—

Is my skin sallow or covered with brown spots? Are my bowels constipated? Is there a dull pain in my side or my shoulder? Have I frequent sick headache? Is there an all-gone feeling in my stomach? Is there a languid feeling? Is my skin hot and dry at times? Is there a bad taste in my mouth? Are my feet and hands cold? Do they feel clammy? Is there giddiness? Is there loss of appetite? Is my blood thick and stagnant? Are the whites of my eyes tinged with yellow? Is my urine scanty and high-coloured? Or is there a sediment after standing? Does water with a sweetish taste collect in my mouth? Is there palpitation? Is there pain in my stomach? Is there a heavy feeling in my stomach? Have I a cough? Are there evil forebodings at times? Is there a feeling of despondency? Is my vision, at times, imperfect, with spots before my eyes? Is there a feeling of great debility or weakness?

If you have any three of four of these symptoms, the seat of your disease is in the liver and blood. But don't be cast down. There is hope in your case. Behold I bring you words of cheer.

Mother Seigel's Syrup acts moderately upon the bowels, producing two or three passages a day, without purging or griping. The liver being made active, secretes healthy bile and expels impurities from the blood by the use of this wonderful regulator and invigorator, and the blood is cleansed and renewed. A dose of the Syrup, taken at night on going to bed, will, in a short time, prove its purifying and cleansing properties by bringing brilliancy to the eye, bloom to the complexion, and vigor to the whole body. A few doses of Mother Seigel's Pills will aid in effecting a cure.

Black River, St. John Co., N.B.
October 21st, 1905.

This is to certify that I have used Mother Seigel's Pills and that I find them splendid medicine.

Yours,
Signed. Hamilton Cochran.

MOTHER SEIGEL'S OINTMENT.

Every family requires some kind of Ointment to be kept in the house to be used in cases of burns, scalds, sores, bruises, etc., for such accidents usually occur when least expected. In order that every housewife may provide for accidents of this kind, we have made Mother Seigel's Ointment, which will be found invaluable in such cases. This Ointment acts both soothingly and curatively for haemorrhoids, or piles, and should be used together with Mother Seigel's Syrup.

Mr. Malcolm McDonald of South Bay, N.S., in a letter dated October 26th, 1905, recommends Mother Seigel's Ointment. It cured him of Salt Rheum.

Whileworking in the lumber woods near Black River, St. John, Co. N.B., Mr. R. Woods used Mother Seigel's Ointment with very satisfactory results for sores and bruises. This he tells us in a letter dated October 21st, 1905.

Hebertville, Kent Co., N.B., April 20th, 1906.

Messrs. A. S. White & Co. Montreal,

Dear Sirs.—I believe in your medicines because they have cured me.

After having taken one bottle of Mother Seigel's Syrup and one box of Pills I am now in good health after suffering two years.

My body was swelling and I had a cough which irritated my throat and stopped me from sleeping, and always had pains in the side, and would often feel sore in my knee.

I tried several medicines but they failed to relieve me. A friend of mine brought me a bottle of Syrup but did not think that I would have any confidence in it and use it. I sent for a box of Mother Seigel's Pills and I have taken them, also one bottle of Syrup.

I can say to-day that I am well, and I am working and find no pain of any kind so I will always speak well of Mother Seigel's Syrup.

I will recommend it and advise others to try it.

Yours truly,
Signed. Perpetue LeBlanc.

East Aldfield, Que., April 12th, 1906.

Messrs. A. J. White & Co., Montreal.

Gentlemen:—For several years I have suffered with Kidney disease. I have used your Plasters and they have relieved me a good deal.

I have also used your Pills and can testify that they are excellent as a purgative and very efficient for dyspepsia.

Your Remedies are of immense value to the world at large.

I have no objection to your using this letter as you wish.

Yours truly,
Signed. Louis Seguin,
Secretary-Treasurer.

MOTHER SEIGEL'S PILLS.

Unlike many kinds of cathartic medicines, these pills do not make you feel worse before you feel better. Their operation is gentle but thorough, and unattended by disagreeable effects, such as nausea, griping pains, etc., etc. Mother Seigel's Operating Pills are the best family physic that has ever been discovered; they cleanse the bowels from all irritating substances, and leave them in a healthy condition. They cure costiveness.

These Pills prevent fevers and all kinds of sickness by removing all poisonous substances from the bowels. They operate briskly, yet mildly, and without pain.

If you take a severe cold and are threatened with a fever, Mother Seigel's Operating Pills will break up the cold and prevent the fever.

Mother Seigel's Operating Pills prevent ill effects from excess in eating or drinking. A good dose at bedtime renders a person fit for business or labor in the morning. The Pills being sugar-coated are pleasant to take, the disagreeable taste common to most pills is obviated.

When the tongue is coated, the head heavy and aching, an offensive taste in the mouth, the appetite poor, and the spirits dull, a dose of these Pills speedily changes this miserable state of things and supplants it by the exact opposite.

The wisest and most cautious of us are sometimes tempted to eat and drink too much, and sit up too late at night. When we have been guilty of such indiscretion, there is nothing in the world like Mother Seigel's Operating Pills to speedily correct the unlucky results, and to send us off to business next morning with a clear head and an elastic step. Briefly, it is no idle statement to make, that so excellent and scientific a combination of qualities, places Mother Seigel's Operating Pills far in advance of any others yet offered for the relief of those ailments for which Pills are specially adapted.

Cabin Cove, Magdalen Islands, October 26th, 1905.

Messrs. A. J. White & Co., Montreal.

Gentlemen:—Mother Seigel's Operating Pills have benefited me so much that I recommend them to anyone suffering from constipation.

Yours truly, (Signed) Mrs. Wm. Cormier.

Codrington, Ont., October 23rd, 1905.

Messrs. A. J. White & Co., Montreal, Can.

Gentlemen:—I feel very thankful to you for the great benefit which I have received from using Mother Seigel's Pills and Plasters. They are the best I have ever used, and I have tried many different kinds of Pills and Plasters for lame back. You are at liberty to publish the above for the benefit of the suffering. Yours truly, (Signed) Jane Simpson.

BLADDER AND KIDNEY TROUBLE.

When the body is in a healthy state the various salts of the body are carried off by the water passages, but when there is a weakness in the urinary organs these particles do not pass off but lodge in the bladder, kidneys, and urethra, and keep growing in size by continued fresh adhesions until they sometimes form substances varying in size from that of a bean or pea to that of an egg. These troubles and obstructions are known as " stone " and " gravel " and language fails to describe the sufferings of people afflicted by them. If they are not cured the end is greater misery and—death. It was a misdirected effort to relieve The Emperor of the French, Louis Napoleon, by crushing the stone in his bladder that caused his death.

The symptoms are pain in the small of the back, hips and thighs, heat and inflammation, desire to make water without being able to do so, and burning, smarting, indescribable agonies which render life a burden and death a relief. Sometimes the particles of gravel are so sharp and cutting that they tear the sides of the passages, and then blood flows from them. Sometimes the bladder and kidneys are filled with slime and cannot perform their duty.

The water channels should be kept always free and open. When there is the least disposition to accumulation of gravel it should be immediately dissolved and made to pass off. Mother Seigel's Curative Syrup does this and also cleanses the kidneys, bladder, and water passages, and gives strength to the organs and endurance to perform all the labours required of them in carrying off the watery portions of the food after all the nourishment it contained has entered into the blood, and gone to repair the daily waste of the system.

Burnsville, N.B., October 18th, 1905

Messrs. A. J. White & Co., Montreal.

Gentlemen:—Some time ago I suffered badly from kidney trouble, I tried all kinds of medicines but did not obtain any relief, at last I decided to try a Mother Seigel's Soothing Plaster, and I found it a great remedy. Believe me, Yours truly,

Signed. Mme. G. Godin.

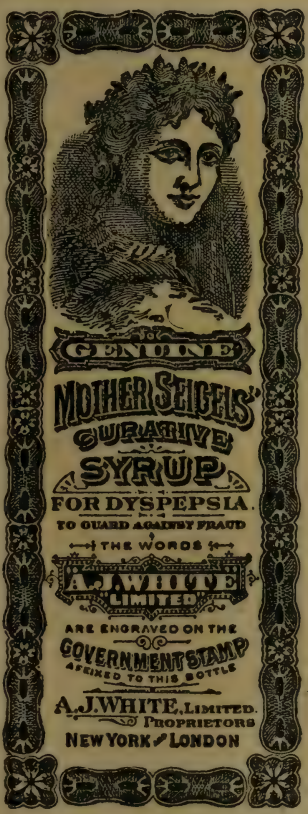
St. Raymond, Que.

Messrs. A. J. White & Co., Montreal.

Gentlemen:—I am desirous of informing you of the efficiency of your Medicines, as my wife has used them with good effects from time to time for Dyspepsia from which she suffers, and is now practically cured after having taken three boxes of Mother Seigel's Pills.

Yours truly, Signed. Louis Paquet.

GENERAL DIRECTIONS FOR TAKING Mother Seigel's Curative Syrup



DOSE.—FIFTEEN TO THIRTY DROPS two or three times a day in a wineglass of water, immediately after eating.

NOTE—Mother Seigel's Curative Syrup is put up in a very highly concentrated form, therefore the dose must be given in drops — one teaspoonful contains 60 drops. The dose is easily regulated, as one-quarter of a teaspoonful is 15 drops. Persons purchasing this medicine can rely on its having as much strength as if put up in pint bottles.

Commence by taking ten or fifteen drops three times a day instantly after eating, in a little cold sweetened water. It is best not to take Mother Seigel's Curative Syrup on an empty stomach. If this does not give relief, increase the dose to thirty drops, always to be taken instantly after eating, so that Mother Seigel's Curative Syrup may become mixed with the food while being digested. It is essential that the bowels be made to move freely every day, and if the above doses of Syrup be not sufficient to effect this, take one to four of Mother Seigel's Operating Pills at bedtime. It is better to take the Pills than to increase the dose of Mother Seigel's Curative Syrup.

FOR WORMS IN CHILDREN — Three to ten drops of the Syrup in milk, or milk and water, to be given with the child's regular food, and three times a day; for children under five years old the smaller dose.

The Prices of these Medicines are as follows:

MOTHER SEIGEL'S CURATIVE SYRUP - - - - -	Per Bottle,	60 CENTS
MOTHER SEIGEL'S OPERATING PILLS - - - - -	" Box,	25 "
MOTHER SEIGEL'S SOOTHING OINTMENT - - - -	" "	25 "
MOTHER SEIGEL'S PLASTERS - - - - - - -	Each	25 "

In case the reader cannot obtain the medicine from a local dealer, we will forward the same, carriage charges paid, on receipt of an Express, or P. O. Order or stamps in a registered letter, for the quantity required.

Address:

A. J. WHITE & CO.,
Montreal, P.Q.

For Sale by all Druggists and Dealers in Medicine Generally

Presented by